

FITNESS SUITE - DUAL USAGE FACILITY

FEBRUARY

2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3 GP Referral 11am - 12pm	4 Junior Gym 3- 4pm	5	6	7 GP Referral 11am - 12pm Junior Gym 3- 4pm	8	9
10 GP Referral 11am - 12pm	11 CVC PE Class 11.40am – 12.25pm Junior Gym 3- 4pm	12	13	14 GP Referral 11am - 12pm Junior Gym 3- 4pm	15	16
17 GP Referral 11am - 12pm	18	19	20	21 GP Referral 11am - 12pm	22	23
24 GP Referral 11am - 12pm	25 Junior Gym 3- 4pm	26 CVC PE Class 1.10 – 2.50pm	27	28 GP Referral 11am - 12pm Junior Gym 3- 4pm		

**FREE WEIGHTS ROOM IS
CLOSED MONDAY –
FRIDAY BETWEEN 8.30AM –
3.05PM DURING TERM TIME**

DUAL USE AVAILABLE

The times highlighted blue indicates when the Fitness suite is hosting a class. At the stated times, members can use the Fitness suite but will be sharing the equipment with this class. Junior Gym has less than 6 students attending.

STRICTLY RESTRICTED USE

The times highlighted in red indicates when the fitness suite is being used by a class of 15 or more. Members cannot access the fitness suite.



VERY SORRY FOR ANY INCONVENIENCE CAUSED