

FITNESS SUITE - DUAL USAGE FACILITY

MARCH

2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2 GP Referral 11am - 12pm	3 Junior Gym 3- 4pm	4 CVC PE Class 1.10 – 2.50pm	5	6 GP Referral 11am - 12pm Junior Gym 3- 4pm	7	8
9 GP Referral 11am - 12pm	10 Junior Gym 3- 4pm	11 CVC PE Class 1.10 – 2.50pm	12	13 GP Referral 11am - 12pm Junior Gym 3- 4pm	14	15
16 GP Referral 11am - 12pm	17 Junior Gym 3- 4pm	18 CVC PE Class 1.10 – 2.50pm	19	20 GP Referral 11am - 12pm Junior Gym 3- 4pm	21	22
23 GP Referral 11am - 12pm	24 Junior Gym 3- 4pm	25 CVC PE Class 1.10 – 2.50pm	26	27 GP Referral 11am - 12pm Junior Gym 3- 4pm	28	29
30	31					

**FREE WEIGHTS ROOM IS
CLOSED MONDAY –
FRIDAY BETWEEN 8.30AM –
3.05PM DURING TERM TIME**

DUAL USE AVAILABLE

The times highlighted blue indicates when the Fitness suite is hosting a class. At the stated times, members can use the Fitness suite but will be sharing the equipment with this class. Junior Gym has less than 6 students attending.

STICTLY RESTRICTED USE

The times highlighted in red indicates when the fitness suite is being used by a class of 15 or more. Members cannot access the fitness suite.



VERY SORRY FOR ANY INCONVENIENCE CAUSED